

# EFT Level 3 Workshop

A Unique Workshop Experience with an Inspirational Presenter  
John Asby

A 2-Day + 1-Day Level 3 EFT Workshops + 4 Supervision Sessions  
(Approved by Gary Craig)



## Prerequisite:

The prerequisite for taking a Level 3 workshop is satisfactory completion of a Level 2 workshop. This means that each participant must have actually taken an Approved Level 2 workshop OR, has sufficient EFT knowledge and experience to allow waiving the Level 2 requirement.

The 2-day Level III EFT workshop will investigate a range of barrier blockers to assist you in obtaining exceptional outcomes, working intuitively for yourself and your clients. Combined with 4 post workshop supervision sessions, John will challenge and inspire you to artfully craft your expertise of EFT. A further one-day workshop will provide opportunities to experiment and explore exciting new ways of making EFT work for you, your family and your clients.

## Part 1. 2-Day Workshop

### Day 1

- Uncovering your Blocks to Your Use of EFT with Certain Clients
- Removing Your Blocks to Your Use of EFT with Certain Clients
- Projection Exercise
- Ultimate vision of you as "being the best you can be": Demonstrating your skills

### Day 2

- Working Intuitively
- How do you do .....? Questions from Participants
- Supervision of Case Work: Doing demos in front of group
- Re-Cap – Ultimate Vision

## Part 2. 3 X Supervision Sessions – Dates negotiated with John

In the supervision sessions you will be able to bring cases, which are challenging for you and work on those. Also you will be able to work on your comfort zone and limiting beliefs around using EFT in any areas or with particular types of clients. This may include issues around charging for services, setting up a practice or "Using EFT for ( \_\_\_\_\_ fill in the blank i.e. serious illness, sports performance etc. )" or with particular clients or organisations.

## Part 3. 1-Day Workshop - Learning Goals negotiated with Participants

**Workshop Dates:** See Events Calendar Above

**Time:** 9am to 4.30pm each day

**Limited Numbers:** maximum of 12 participants